

5
Greatest
Goals



**Be humble,
kind,
generous,
encouraging &
forgiving**

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## **Preface**

- How can I treat people with more love and caring the way the Torah teaches us?
- What can you do to show that you put people first?
- How can you help and serve others with more joy and attention?
- Do you open your eyes and hand to see what others really need?

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The Great Mitzva 'to love others as yourself' is the greatest Rule of the Torah. We should wake up with joy every morning with two thoughts on our mind -

- 1- How can I love and serve Hashem today?, and
- 2- How can I love and serve His children today?

1. Putting people second

This should be a daily decision we make to focus on the greatness of people, to listen to them, to help and to make them realize how significant they are.

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We can change our perspective, attitude and invest our efforts to do our best. We can upgrade our level of energy, enthusiasm and attention we give to all the people we interact with.

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We need to realize that one of the primary purposes Hashem put you on this planet is so that you should encourage and guide other people! [This is big!]

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Think, 'Where can this person use help right now?'

Your uniqueness is your super advantage when you use it to help others.

## 2. Say less, do more

When you narrow your target, you widen your reach. Being specific will lead you to achieve greater abundance.

You can help each person with solutions for their challenges. People will respond when they see you taking an interest in them and their needs... make it your goal to make their day great.

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You help put a smile on someone's face when you find ways to serve them with their needs.

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Everything changes when we think that this person was sent by Hashem to contact me now!

A small thought that this person is sent from Hashem can go a long way to enhance the whole picture.

### 3. Find a way

Have you heard this saying?

“If someone seems to be driving you crazy,  
find a way to make their day.”

This method helps us fulfill the Mitzva to  
love every person, even when it seems challenging.

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Hashem created us and other people, and
He gives us His Torah. When we deal with other
people, Hashem wants us to treat them respectfully
and make them feel good and look good.

Hashem wants you to help others succeed
in achieving their goals. This is called Chesed.
What if you chose today to help someone in a great
way beyond anyone's expectations, just for the
Mitzva of 'love others as yourself.'

You have the power to choose your mindset to do a Mitzva today for the sake of Hashem.

4. Pray for others

What a great gift we can give you right now!

We are praying that you merit to understand all of the Torah insights we are learning now and that you should succeed to practice them every day.

We should all be praying daily for our Parents, siblings, spouse, children, etc., and for everyone we see in Shul. We do say most of our prayers in the plural, but we need to think of specific individuals also.

So right now, I'm saying, "Hashem please grant all of our readers the understanding to appreciate and practice these words."

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We will ask you also to please return this great favor and say a prayer for us today, now. Thank you.

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Every person is unique and they need special Prayers for their needs and challenges.

5. A good friend

The Gemara has a most amazing statement
- "Either you have a good friend or death."

What does that mean?

There is an English saying,

"You tend to become an average of your
three closest friends."

We need feedback, encouragement and
inspiration to grow and connect with each other and
with Hashem. One of the most useful ways to grow
is Avos 4:1, "A wise person learns from every
person."

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We need to always become a disciple of  
Aaron, Avos 1:12, "To love and pursue peace, to  
love people and bring them close..."

But why is it essential to involve a third party  
- Aaron? Aaron was a Kohen who can go all the  
way into the Beis Hamigdosh, even where a Yisroel  
may not go.

So too that makes it easier... it's not me and  
you, it's a great personage we both like.

## 6. Gift of forgiveness

Forgiveness is a form of freedom from sin. The Gemara Rosh Hashana 17a teaches, "One who forgives others will be forgiven by Hashem for all of their sins." It's a great opportunity for us to think every day, "Who can I forgive today?"

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Aaron was famous for always starting out with this story - "I met so and so, and he is so sorry that he hurt your feelings. He really wants to apologize and start over with great love and caring to you. Please forgive him... he loves you!"

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Koheles teaches, "The words of the wise, when spoken gently are listened to."

This will make them feel that you truly care about them.

## 7. Decide to do better

You can decide to do something unusually great today. You can predict how your day will be today by praying for Hashem's help and striving to do better.

The method that our Sages demonstrate by their sayings and actions is, "He used to say." When you tell yourself to be kind and generous, you will impact yourself in a powerful way.

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We start with -

"If not you, who? and

If not now, when?"

Avos 1:14.

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Then we ask Hashem for help.

[If you think you are capable on your own, you have a lot to learn.]

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Then take action now.

Action speaks the loudest.

8. The Key

The key that opens locked doors in our lives is to get busy showing up and serving. Get your foot in the door by offering to hold the door open for others who need some help.

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It's amazing how much your helping hand can be worth when you offer to help out at the right time. You can try by asking, "What are you working on these days?" Find a way to help them.

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When the Mishna Avos 1:4 teaches us to drink the words of Sages with thirst, it starts with a prelude first.

"Make your home available for their meetings and then cling to their dust."

This means help them first.

9. Instead of...

...thinking 'what can I do?', think of who can I help?

The key Mitzva of the Torah is love of others as yourself! People matter a lot. Hashem wants us to love them and help them.

Now in order to sustain oneself, Hashem designed the world so that when you serve others by doing work that you love, you will gain profits to keep you going.

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### Step by step

1- learn to remember names of people you learn from,

2- send 'Thank you' notes to those who help you in so many ways,

3- say 'Thank you' words,

4- share things you're finished using with those who would enjoy it,

5- think of a special gift to express gratitude.

## 10. More Thanks

The way you think and feel about yourself will impact how you live your daily life. When you realize who you are - and why you are here - you will behave much better than if you don't know yourself.

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Another approach-

If you want to have a great day today -

- Pray as if it is all up to Hashem,
- and then do something,
as if Hashem needed you to do it...

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"Say less and do more," Avos 1:15.

It's not just the time you put in,  
it's also what you put into that time...

Don't wait to be great, to start...  
start to be great today.